

Palmyra Area School District Wellness Policy

The Palmyra Area School District in order to comply with mandated Federal guidelines has implemented a student wellness policy that affects several aspects of your child's education.

Food shall not be used in the schools as a reward or punishment.

All food available in district schools during the school day shall be offered to students with consideration for promoting student health and reducing childhood obesity.

Parents who choose to come to school for lunch will eat what is served at school. Parents may not bring in any food including fast food. Please call the building secretary prior to 9:15 to reserve a lunch or send in a note with your child.

Birthday treats such as cupcakes, cakes, or other foods are no longer permitted. If you wish to send in a non-edible treat for your child's birthday it would be acceptable. Some examples include pencils, stickers, a classroom book, a library book dedicated to your child, a game that students could use during indoor recess, etc...

Any classroom celebration (Christmas, Valentine's Day, etc...) will be under the supervision of the classroom teacher. If food is a part of the celebration, then classroom teachers must assure that all nutritional guidelines are followed. Please do not send in food unless specifically requested by the classroom teacher.

Parents please share the above information with grandparents and other relatives that you feel could be affected.

The Child Nutrition and WIC Reauthorization Act of 2004-P.L. 108-265 Sec. 204 sets guidelines that all schools must follow in order to promote a healthy lifestyle and combat the childhood obesity problem occurring nationwide.