



For people with disabilities
and their friends
LEBANON COUNTY

Learn about Relationships and Boundaries

Come join us to discuss the different types of relationships that may be in your life, covering a wide range from co-workers to family and friends.

Types of things that will be talked about:

- ⇒ What makes a relationship safe or unsafe?
- ⇒ What's harassment and what do you do if it happens?
- ⇒ What are your rules about your body and your feelings?
- ⇒ Who are trusted people in your life?
- ⇒ What should you know about social media like Facebook?
- ⇒ How to have a discussion about these issues with your team of support.

Date: Monday, January 29, 2018 (please sign up for only one session)

1st Session from 2pm to 4pm or 2nd Session from 6pm to 8pm

Location: County of Lebanon, 220 East Lehman Street, Lebanon PA

RSVP by January 22 to 717-394-5251 or info@thearcoflancasterco.org

No cost to attend

For information call 717-394-5251

or email info@thearcoflancasterco.org

The sessions will be facilitated by YWCA Lancaster. www.ywcalancaster.org
