



Incredible Years Parent Training

JOIN US FOR A LIVE ON-LINE PARENTING PROGRAM FOR PARENTS AND RESOURCE PARENTS OF CHILDREN AGED 4-8

Parents or Resource Parents – this valuable evidence-based training program will give you targeted tools to help children who struggle with challenging behaviors.

With over 30 years of research support, the Incredible Years Parent Program takes a positive, relationship-based approach to reducing and managing challenging behaviors and facilitating emotional regulation development all while strengthening family relationships. Sessions will include goal setting, child directed play, coaching, praise and encouragement, strengthening positive behaviors, rules and routines, clear limit setting, ignoring, calm down skills, reward programs, and more!

This live on-line program will be presented via Zoom.com where you can join in from the comfort of your own home!

July 8 – Sept 30, 2020
Wednesdays,
6:30-8:00 p.m.

To register for this free course, please email education@cobys.org or register online at www.cobys.org, Family Life Education / Programs Offered.



Please email to register ► ► ► education@cobys.org, or www.cobys.org / Family Life Education / programs offered