

Outdoor Education - Camp Swatara
Clothing and Equipment List

The following clothing and equipment list was developed for the students by the staff. The items have been broken into categories for your convenience. Please keep in mind we are in the mountains with a variety of weather changes. Days begin cool and can stay very cool or get very hot. Your child needs to be prepared for all types of weather conditions and temperature ranges in each 24 hour period (including something suitable for bedtime temperatures). Also, if the weather is damp, things do not dry quickly in the mountains. Packing for extra layering can't hurt. **PLEASE LABEL ALL OF YOUR CHILD'S BELONGINGS**

Note: The final column has been left blank. It should be noted in that blank the actual number of those items being brought along to camp. This list can then be packed and used as a checklist when packing for home.

All clothing and equipment should be labeled clearly with the student's name. Students are responsible for their own gear at camp.

	<u>Suggested number</u>	<u>Actual number</u>
<i><u>Bedding</u></i>		
Sleeping bag or bedding (single bed)	1	_____
Extra blanket (optional)	1	_____
Pillow	1	_____
Suitcase/duffle bag/backpack	1	_____
Laundry bag/empty garbage bag	1	_____
Pajamas	1	_____
<i><u>Clothing</u></i>		
Underwear	3 or 4	_____
Socks	4	_____
Sweatshirt	1 or 2	_____
T-shirts (will need long sleeves for some classes)	3 or 4	_____
Poncho or rain coat	1	_____
Shoes or sneakers (1 old pair for stream study)	2 or 3	_____
Hat	1	_____
Jeans/athletic pants (will need long pants for some classes)	2 or 3	_____
Shorts	2 or 3	_____

(over)

<u>Toilet articles</u>	<u>Suggested number</u>	<u>Actual number</u>
Towels	1	_____
Washcloths	1	_____
Toothbrush	1	_____
Toothpaste	1	_____
Soap & soap box/ liquid soap	1	_____
Shampoo & conditioner	1	_____
Hairbrush & comb	1	_____
Deodorant	1	_____
Tissues/handkerchiefs	1	_____
Eye glasses & case	1	_____
Contact case, solution, etc.	1	_____
Container to carry above items	1	_____
Shower flip flops (boys need for shower house)	1	_____
Face Masks	2 or 3	_____

Other needed items

- Insect repellent
- Hand sanitizer
- Stamped envelopes & writing paper
- Clipboard, pencils, & pens
- Flashlight (extra batteries)
- Sunscreen (s.p.f. 15+)

Optional items

- Reading book
- Camera
- Lip balm
- Watch
- Hair dryer

Do Not Bring

- | | | | | | |
|-------------|-------------------------|------------------|--------------|-------------------|---------------|
| Candy | fishing gear | jewelry items | knives | archery equipment | video camera |
| snacks | money | electronic games | comic books | magazines | toys or games |
| Guns | playing cards | matches | alarm clocks | gum | smart watch |
| cell phones | any type of electronics | fit bits | fidget toys | slime | |