

December 2017

Breakfast Prices Student Breakfast Meal: \$1.10 Student Breakfast Entree: \$1.00 Adult Breakfast Meal: \$1.85 Adult Breakfast Entree: \$1.10

Palmyra Area Middle School
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • Omelet Bar • Toasted English Muffin
4 • Fruit & Yogurt Parfait • Mini Bagel • Dutch Waffle	5 • Ultra WW Cinnamon Bun • Pancake Wrap	6 • Sausage Biscuit • Blueberry Bagel	7 • Waffles Syrup • Breakfast Taco	8 • Omelet Bar • Toasted English Muffin
11 • Whole Grain Pancakes with Sausage Patty • Fruit & Yogurt Parfait • Mini Bagel	12 • Mini Cinnis • Pancake Wrap	13 • Egg & Cheese Muffin • Crisp Tater Tots • Blueberry Bagel	14 • Waffles Syrup • Breakfast Taco	15 • Omelet Bar • Toasted English Muffin
18 • French Toast Sticks • Maple Syrup • Fruit & Yogurt Parfait • Crisp Tater Tots	19 • Ultra WW Cinnamon Bun • Pancake Wrap	20 • Sausage Biscuit • Blueberry Bagel	21 • Waffles Syrup • Breakfast Taco	22 • Omelet Bar • Toasted English Muffin
25 No School - Happy Holidays!	26 No School - Happy Holidays!	27 No School - Happy Holidays!	28 No School - Happy Holidays!	29 No School - Happy Holidays!

Fruit Variety: Red Delicious Apple , Fresh Petite Banana , Fresh Citrus Orange , Assorted Juice , Chilled Applesauce , Cinnamon Applesauce , Juicy Apple Slices , Citrusy Mandarin Oranges , Mixed Fruit , Juicy Sliced Peaches , Diced Peaches , Diced Pears , Tropical Pineapple Tidbits , Raisins

Daily Milk Variety: 1% Lowfat Milk , Fat Free Milk , Chocolate Fat Free Milk , Strawberry Fat Free Milk

More Details: <http://palmyraportal.nutrislice.com/menu/palmyra-area-middle-school/breakfast/>

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