

# January 2018

Breakfast Prices Student Breakfast Meal: \$1.10 Student Breakfast Entree: \$1.00 Adult Breakfast Meal: \$1.85 Adult Breakfast Entree: \$1.10

Palmyra Area Middle School  
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> No School, Happy New Year!	<b>2</b> • Ultra WW Cinnamon Bun • Pancake Wrap	<b>3</b> • Sausage Biscuit • Blueberry Bagel	<b>4</b> • Waffles Syrup • Breakfast Taco	<b>5</b> • Omelet Bar • Toasted English Muffin
<b>8</b> • Whole Grain Pancakes with Sausage Patty • Fruit & Yogurt Parfait Mini Bagel	<b>9</b> • Mini Cinnis • Pancake Wrap	<b>10</b> • Egg & Cheese Muffin • Crisp Tater Tots • Blueberry Bagel	<b>11</b> • Waffles Syrup • Breakfast Taco	<b>12</b> • Omelet Bar • Toasted English Muffin
<b>15</b> No School	<b>16</b> • Ultra WW Cinnamon Bun • Pancake Wrap	<b>17</b> • Sausage Biscuit • Blueberry Bagel	<b>18</b> • Waffles Syrup • Breakfast Taco	<b>19</b> • Omelet Bar • Toasted English Muffin
<b>22</b> • Fruit & Yogurt Parfait Mini Bagel • Dutch Waffle	<b>23</b> • Mini Cinnis • Pancake Wrap	<b>24</b> • Egg & Cheese Muffin • Blueberry Bagel	<b>25</b> • Waffles Syrup • Breakfast Taco	<b>26</b> • Omelet Bar • Toasted English Muffin
<b>29</b> • Whole Grain Pancakes with Sausage Patty • Fruit & Yogurt Parfait Mini Bagel	<b>30</b> • Ultra WW Cinnamon Bun • Pancake Wrap	<b>31</b> • Sausage Biscuit • Blueberry Bagel		

**Fruit Variety:** Red Delicious Apple , Fresh Petite Banana , Fresh Citrus Orange , Assorted Juice , Chilled Applesauce , Cinnamon Applesauce , Juicy Apple Slices , Citrusy Mandarin Oranges , Mixed Fruit , Juicy Sliced Peaches , Diced Peaches , Diced Pears , Tropical Pineapple Tidbits , Raisins

**Daily Milk Variety:** 1% Lowfat Milk , Fat Free Milk , Chocolate Fat Free Milk , Strawberry Fat Free Milk

More Details: <http://palmyraportal.nutrislice.com/menu/palmyra-area-middle-school/breakfast/>

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