

# February 2018

Lunch Prices Student Lunch Meal: \$2.35 Student Lunch Entree: \$1.85 Adult Lunch Meal: \$3.35 Adult Lunch Entree: \$2.35

## Palmyra Area Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b>	<b>2</b>
			<ul style="list-style-type: none"> <li>Grilled Cheese with Tomato Soup</li> <li>French Cut Green Beans</li> <li>Diced Peaches</li> </ul> <b>Grab &amp; Go Chicken Basket</b> <ul style="list-style-type: none"> <li>Crispy Chicken Tenders</li> <li>Crispy Oven Baked Fries</li> </ul>	<ul style="list-style-type: none"> <li>Chicken &amp; Vegetable Lo Mein w/ Bread</li> <li>Carrot Coins</li> <li>Assorted Juice</li> </ul>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<ul style="list-style-type: none"> <li>Chili Cheese Hot Dog</li> <li>Crispy Oven Baked Fries</li> <li>Cinnamon Apple Slices</li> </ul>	<ul style="list-style-type: none"> <li>Spaghetti &amp; Meatballs</li> <li>Steamed Broccoli</li> <li>Sliced Luscious Strawberries</li> </ul> <b>Grab &amp; Go Nacho Bar</b> <ul style="list-style-type: none"> <li>Beef Nachos w/Cheddar Cheese &amp; Morabito Bread</li> </ul>	<ul style="list-style-type: none"> <li>French Canadian Monte Cristo</li> <li>Sweet Potato Wedges</li> <li>Assorted Juice</li> </ul>	<ul style="list-style-type: none"> <li>Pizza Burger</li> <li>Spinach Pasta Salad</li> <li>Mixed Fruit</li> </ul> <b>Grab &amp; Go Chicken Basket</b> <ul style="list-style-type: none"> <li>with assorted sauces</li> <li>Crispy Chicken Tenders</li> <li>Crispy Oven Baked Fries</li> </ul>	<ul style="list-style-type: none"> <li>Burrito Bowl with choice of pork or chicken.</li> <li>Bold Black Beans</li> <li>Corn Salsa Burrito Bowl</li> <li>Assorted Juice</li> </ul>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<ul style="list-style-type: none"> <li>Sloppy Joe on a Bun</li> <li>Black &amp; White Bean Salad</li> <li>Citrusy Mandarin Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Alfredo Chicken w/ Pasta</li> <li>Steamed Broccoli</li> <li>Diced Pears</li> </ul> <b>Grab &amp; Go Nacho Bar</b> <ul style="list-style-type: none"> <li>Cheesy Chicken Nachos with Fresh Bread</li> </ul>	<ul style="list-style-type: none"> <li>Pepperoni Pinwheel</li> <li>French Cut Green Beans</li> <li>Diced Peaches</li> <li>Crispy Fish Sandwich on Grab &amp; Go</li> </ul>	<ul style="list-style-type: none"> <li>Hot Ham &amp; Cheese on a Pretzel Bun</li> <li>Honey Glazed Carrots</li> <li>Sweet Red Grapes</li> </ul> <b>Grab &amp; Go Chicken Basket</b> <ul style="list-style-type: none"> <li>with assorted sauces</li> <li>Crispy Chicken Tenders</li> <li>Crispy Oven Baked Fries</li> </ul>	<ul style="list-style-type: none"> <li>Broccoli &amp; Cheddar Baked Potato with Dinner Roll</li> <li>Taco Twist Soup A 4 oz portion will be offered with the baked potato. The nutritional values are based on an 8 oz portion.</li> <li>Mixed Fruit</li> <li>Crispy Fish Sandwich on Grab &amp; Go</li> </ul>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
No School	<ul style="list-style-type: none"> <li>Hot &amp; Spicy Chicken Patty Sandwich</li> <li>Creamy Cucumber Salad</li> <li>Tropical Pineapple Tidbits</li> </ul> <b>Grab &amp; Go Nacho Bar</b> <ul style="list-style-type: none"> <li>Buffalo Chicken Dip</li> </ul>	<ul style="list-style-type: none"> <li>Cougar Bowl with Fresh Sliced Bread</li> <li>Assorted Juice</li> </ul>	<ul style="list-style-type: none"> <li>Macaroni and Cheese w/Sliced Bread</li> <li>Stewed Tomatoes</li> <li>Steamed Broccoli</li> <li>Juicy Sliced Peaches</li> </ul> <b>Grab &amp; Go Chicken Basket</b> <ul style="list-style-type: none"> <li>with assorted sauces</li> <li>Crispy Chicken Tenders</li> <li>Crispy Oven Baked Fries</li> </ul>	<ul style="list-style-type: none"> <li>Pork Fried Rice with Bread</li> <li>Steamed Carrot Coins</li> <li>Citrusy Mandarin Oranges</li> <li>Crispy Fish Sandwich on Grab &amp; Go</li> </ul>
<b>26</b>	<b>27</b>	<b>28</b>		
<ul style="list-style-type: none"> <li>Buffalo Chicken Grilled Cheese</li> <li>Crispy Oven Baked Fries</li> <li>Assorted Juice</li> </ul>	<ul style="list-style-type: none"> <li>Cougar TNG Burger</li> <li>Jessie's BBQ'd Baked Beans</li> <li>Cinnamon Applesauce</li> </ul> <b>Grab &amp; Go Nacho Bar</b> <ul style="list-style-type: none"> <li>Waffle Fry Nachos</li> </ul>	<ul style="list-style-type: none"> <li>Orange Kissed Chicken Bowl</li> <li>Oriental Vegetables</li> <li>Tropical Pineapple Tidbits</li> </ul>		