

January 2018

Lunch Prices Student Lunch Meal: \$2.35 Student Lunch Entree: \$1.85 Adult Lunch Meal: \$3.35 Adult Lunch Entree: \$2.35

Palmyra Area Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School, Happy New Year!	2 • Chicken & Gravy over Biscuit • Honey Glazed Carrots • Diced Peaches Grab & Go Taco Tuesday	3 • Cougar Bowl with Fresh Sliced Bread • Garden Salad • Assorted Juice	4 • Pulled Pork BBQ • Crispy Oven Baked Fries • Diced Pears Chicken Tender Basket • Crispy Chicken Tenders assorted sauces • Crispy Oven Baked Fries	5 • Pork Fried Rice with Bread • Oriental Vegetables • Tropical Pineapple Tidbits
8 • Cheesesteak Hoagie on Morabito Bun • Succulent Sweet Potato Fries • Mixed Fruit	9 • Savory Meatloaf • Homemade Mashed Potatoes • Cinnamon Applesauce Grab & Go Taco Tuesday	10 • Burrito Bowl • Assorted Juice	11 • Western Style Cheeseburger on a Morabito Bun • Broccoli Salad • Red Delicious Apple Chicken Tender Basket • Crispy Chicken Tenders assorted sauces • Crispy Oven Baked Fries	12 • Freshly Baked Italian Dunkers • Italian Seasoned Green Beans • Sweet Red Grapes
15 No School	16 • Bite Size Corn Dog Nuggets • Crispy Oven Baked Fries • Assorted Juice Grab & Go Taco Tuesday	17 • Orange Kissed Chicken Bowl • Steamed Broccoli • Tropical Pineapple Tidbits	18 • BBQ Pork Flat Bread • Roasted Sweet Potato Salad • Citrusy Mandarin Oranges Chicken Tender Basket • Crispy Chicken Tenders • Crispy Oven Baked Fries	19 Early Dismissal, No Lunch
22 • Chili Cheese Tots • Juicy Sliced Peaches	23 • Dutch Chicken Pot Pie with Morabito Bread Slice • Blended Mixed Vegetables • Sliced Luscious Strawberries Grab & Go Taco Tuesday	24 • Cougar Bowl with Fresh Sliced Bread • Garden Salad • Assorted Juice	25 • Beef Tostada with Rice • Homestyle Refried Beans • Citrusy Mandarin Oranges Chicken Tender Basket • Crispy Chicken Tenders • Crispy Oven Baked Fries	26 • Crispy Fish Sandwich • Fresh Steamed Green Beans • Tropical Pineapple Tidbits
29 • Meatball Hoagie on Morabito Bun • Steamed Broccoli • Fresh Apple Slices	30 • Chipotle Chicken Flat Bread • Black Beans Burrito Bowl • Mixed Fruit Grab & Go Taco Tuesday	31 • Sweet & Spicy BBQ Chicken Bowl • Golden Sweet Corn in bowl • Diced Pears		