

Apps for Life Skills

Sequencing Tasks



Description:

A cognitive skill app focused on arranging photos of a task in chronological sequence.

Key Features:

- Pre-made video sequences
- All tasks are broken down into 3 steps for easy use
- Demonstrate, review and practice steps included
- **Platform:** iPadOS (iPad), iOS (iPhone), Android
- **Cost:** \$24.99, Free version with 1 task (hand washing)
- **Support:** [Judy Lynn Apps Support](#)

LaLa Lunchbox



Description:

This app teaches children and their families about packing a better lunch.

Key Features:

- Entertaining and engaging use of "monster" character
- Children set up virtual lunchboxes
- Empowers children to make healthy choices
- **Platforms:** iPadOS (iPad), iOS (iPhone)
- **Cost:** Free- (with in app purchases)
- **Support:** [App Tutorial](#)

Questions or Ideas for a Topic?

Contact:

Lancaster-Lebanon IU13
 Tom Esposito
 Special Education Consultant, ECSES
 717.606.1694 • tom_esposito@iu13.org

Sorting Activities



Description:

Contains 10 sorting activities for any age; clothing, silverware, colors, fruit, hardware, recycling, rooms, shapes and sporting equipment.

Key Features

- Drag and drop activities
- 3 containers with 6 objects to sort in each category
- Easy to use – objects presented one at a time
- **Platform:** iPadOS (iPad), iOS (iPhone)
- **Cost:** \$7.99
- **Support:** [Judy Lynn Apps Support](#)

iDress For Weather



Description:

An app that provides the user with the opportunity to make connections between weather conditions and clothing.

Key Features:

- Bold, brightly colored images
- No need for user to have reading or math skills
- Customized weather conditions
- Fully accessible
- **Platforms:** iPadOS (iPad), iOS (iPhone)
- **Cost:** \$1.99
- **Support:** Not available

Next Issue: Spring 2021
 Apps for Behavioral Health